

The Children's Gym

Competitive Performing Group FA2
2018-2019

What is The Children's Gym Competitive Performing Group?

The Children's Gym Competitive Performing Group is a group of children who represent TCG by performing group acrobatic routines in a competitive forum.

What does "competitive forum" mean?

Unlike an artistic gymnast who competes on floor, vault, uneven bars and balance beam, TCG's Performing Group will compete at dance competitions, performing a group tumbling routine in an acrobatics category. The group will perform in special costumes that coincide with their routine music (as opposed to leotards like worn in gymnastics competitions).

How is the TCG Competitive Performing Group different from the TCG Squad?

In TCG Squad Program, the gymnasts train on seven apparatus (floor, beam, trak, vault, bars, trampoline) and perform on all apparatuses in an end of year showcase.

In TCG's Competitive Performing Group, gymnasts will meet once a week for 1.5 hours. They will train primarily on their tumbling skills, since that will be the focus of their competition routine, but the tall and long trampolines will also be used to help develop those tumbling skills. Students will also focus on dance, choreography and acrobatic skills. Students may wear any form of comfortable athletic wear for practice, including leotards, but they will not be required to purchase a specific practice leotard. However, a show costume will be a required purchase to be worn only at competitions. Also, the performing group will have their own team warm-up outfit which will consist of a jacket (which will have their name on the front and on the back will read The Children's Gym Performing Group) and pants. The warm-up outfit should be worn to practices to warm up in then the girls may shed them to work out in their athletic wear as stated above. Warm-ups should also be worn at all competitions as we want to represent The Children's Gym in a professional manner. We want everyone to look like we are a team.

Why will this experience be beneficial for my child?

As your child matures and grows older, they might want to participate in extra curricular activities such as trying out to join a dance team, cheer squad, color guard, band, etc. Our motto here at TCG is "Inspiring children for lifetime." We want to build your child's self esteem and confidence, preparing them for future life experiences and whatever endeavors come their way.

Try-outs

Try-outs for the 2018-2019 season will be held on Saturday, July 7th from 5:00PM-6:30PM and Saturday, July 14th from 5:00PM-6:30PM. Cost to tryout is \$15.00. To sign up to try-out, visit the front office, call the gym at 503-249-5867, or sign up online at www.ChildrensGym.Com. Results of try-outs will be e-mailed some time by the end of the following week.

When will class be?

Class/Practice will be held on Monday's from 6:50PM-8:20PM and potentially on Tuesday or Wednesday from 6:50PM-8:20PM if there is a second group. Placement in what day will be contingent on how many children tryout, make the team and potentially by age groups and/or skill level. Should your child make the team, Coach Joey will inform parents what day they are to attend. The Second group will be on Tuesday or Wednesday and the day will be selected based on The Children's Gym regular enrollment for the 2018-2019 season.

How much will the program cost?

Season cost per child includes the costs of all classes in the season, competition fees, costumes, gymnastics shoes, possible props, wigs, make-up, and warm-up outfit (jacket & pants). Monthly tuition is calculated by dividing the total season cost per child by the number of months in the season. The 2018-2019 season's cost is broken down as follows:

Per lesson cost: \$33.00

Per lesson cost x amount of lessons:

Monday- \$33.00 x 34= \$1,122.00

Tuesday-\$33.00 x 36= \$1,188.00

Wednesday- \$33.00 x 38= \$1,254.00

Competition Fees and Gear: \$694.00

Monday- \$1,122.00+\$694.00= \$1,816.00/10 months= \$181.60

Tuesday- \$1,188.00+\$694.00= \$1,882.00/10 months= \$188.20

Wednesday- \$1,254.00+\$694.00=\$1,948.00/10 months=\$194.80

Do we have to commit to the whole season?

Yes, parents and students will be required to sign a team commitment. Upon your acceptance, commitments can be turned in the first week of class. Commitment to the season means attending every competition, as we will not have an alternate performer for the group. If one child has to miss a competition, the whole group will be pulled from the competition. It is very important that children and parents are available all competition dates and weekends. Once competition weekend dates are released, please check your calendars for any and all possible travel plans that you may have.

Are the competitions hosted by The Children's Gym?

The competitions our group will attend are not hosted by TCG. They are hosted by other organizations that specialize in hosting competitive dance events. That being said, TCG has no control over how those competitions are organized or run. Should an organization ever choose to cancel a competition, your account will be credited for that competition's fees.

What is performing at a competition like?

Routines will be performed on a stage or similar platform. There will be no mats, so students must be comfortable performing on harder surfaces.

When and where are the competitions?

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|---------------------------|-----------------|--|
| Rainbow Dance Competition | 1/18/19-1/20/19 | Highline Performing Arts Center 401 S 152nd St, Burien, WA 98148 |
| Spotlight Dance Cup | 2/01/19-2/03/19 | TBD-Portland Metropolitan Area |
| K.A.R. | 4/05/19-4/07/19 | TBD-Portland Metropolitan Area |
| Act 1 Talent | 4/12/19-4/14/19 | TBD-Portland Metropolitan Area |
| Starquest | 5/03/19-5/07/19 | Parkrose High School 12003 NE Shaver Street Portland, OR 97220 |

How will the team get to competitions?

It will be the responsibility of each team member and parent/guardian to get themselves to and from competitions.

Will my child have to miss school?

Most competitions are on three-day weekends, so there is the possibility of your child having to miss school on a Friday. Just because a competition is scheduled to run on a Friday, though, does not mean that our team will end up scheduled on the Friday. That information is always released closer to the date of the competition once entries have been confirmed. Being a part of the Competitive Performing Group does mean committing to missing school if the group is scheduled to perform on a Friday.

When will we know the exact daily schedule for each competition?

Each competitive organization will email the daily schedule to Coach Joey, but usually not until much closer to the competition date. Coach Joey will inform the team by email as soon as he has the schedule.

Do we have to pay to get in to watch competitions?

Some events will charge entry to watch competitions, some will not. Coach Joey will inform parents by email which ones will and will not when that information is released.

Do I need to fill out any special waivers?

Some competitions require waivers to be filled out by parents and performers, mostly due to the use of photos and video usage for their marketing purposes. Coach Joey will email any necessary waiver to families as they are made available.

Do we need to be at each competition all day?

Families are welcome to enjoy going to the events the whole day to watch others perform, or you can show up to watch only our team's performance. All team members, though, will be required to meet two hours before we take the stage, to warm up, practice tumbling passes, and go through the routine. Performers are encouraged to stay after the performance is complete for the judging and award ceremony, but are not required to.

Questions, Comments or Concerns?

Email Coach Joey at joey@childrensgym.com.

What's new for 2018-2019?

- Potential second performing group. As the CPG program expands, the potential for more groups and routines will too!
- Warm up outfit. Instead of having just a fleece jacket, CPG team members will have a warm-up outfit to wear for warming up in during regular classes and to wear at competitions.
- TCG will purchase all videos from every competition and send out performances to families via e-mail.
- Holiday Ice Skating! The team(s) will meet for a fun filled afternoon ice skating session at the Lloyd Center. Just a fun way to get everyone together and celebrate the holiday season. Attendance is optional and we will just pay as individuals at the rink!!!