

The Children's Gym

*Competitive Performing Group FA2
2016-17 Season*

What is The Children's Gym Competitive Performing Group?

The Children's Gym Competitive Performing Group is a group of children who represent TCG by performing group acrobatic routines in a competitive forum.

What does "competitive forum" mean?

Unlike an artistic gymnast who competes on floor, vault, uneven bars and balance beam, TCG's Performing Group will compete at dance competitions, performing a group tumbling routine in an acrobatics category. The group will perform in special costumes that coincide with their routine music (as opposed to leotards like worn in gymnastics competitions).

How is the TCG Competitive Performing Group different from the Advanced Gymnastics Program?

In the Advanced Gymnastics Program, the gymnasts train on seven apparatus (floor, beam, rings, trak, vault, bars, trampoline) and perform on all those apparatus in an end of year showcase, as well as performing choreographed group floor routines. They meet twice a week for 1.5 hours. They purchase a practice leotard, a show leotard, a team bag, and a team jacket and pants for the season.

In TCG's Competitive Performing Group, gymnasts will meet once a week for 1.5 hours. They will train primarily on their tumbling skills, since that will be the focus of their competition routine, but the tall and long trampolines will also be used to help develop those tumbling skills. Students will also focus on dance and choreography. Students may wear any form of comfortable athletic wear for practice, including leotards, but they will not be required to purchase a specific practice leotard. However, a show costume will be a required purchase to be worn only at competitions. Also, the performing group will have their own team jacket (which will have their name on the front and on the back will read The Children's Gym Performing Group). This jacket can be worn anywhere, but will be worn primarily at competitions, as we want to represent TCG in a professional manner.

Why will this experience be beneficial for my child?

As your child matures and grows older, they might want to participate in extra curricular activities such as trying out to join a dance team, cheer squad, color guard, band, etc. Our motto here at TCG is "Inspiring children for lifetime." We want to build your child's self esteem and confidence, preparing them for future life experiences and whatever endeavors come their way.

When will class be?

For the ages 8-12, class will meet on Mondays from 6:45pm-8:15pm and for the ages of 13-17, class will meet on Wednesday from 6:45-8:15pm.

How much will the program cost?

Monthly tuition is \$140.75 and is charged on the 21st of each month (starting in August) through Autopay. Enrollment in the program means that you commit financially to the tuition of the Competitive Performing Group from September 12th, 2016, to June 5th, 2017. Season cost per child includes the costs of all classes in the season, competition fees, the required costume, possible props and gymnastics shoes for competitions, and a team jacket. Monthly tuition is calculated by dividing the total season cost per child by the number of months in the season. All tuition and fees are nonrefundable.

PLEASE NOTE: The 2016-2017 season will start Wednesday, August 31st.

Do we have to commit to the whole season?

Yes, parents and students will be required to sign a team commitment. Upon your acceptance, commitments can be turned in the first week of class.

Are the competitions hosted by The Children's Gym?

The competitions our group will attend are not hosted by TCG. They are hosted by other organizations that specialize in hosting competitive dance events. That being said, TCG has no control over how those competitions are organized or run. Should an organization ever choose to cancel a competition, your account will be credited for that competition's fees.

What is performing at a competition like?

Routines will be performed on a stage or similar platform. There will be no mats, so students must be comfortable performing on harder surfaces.

When and where are the competitions?

For the 2016/2017 season, we will be attending 5 competitions. Listed below are the competitions we will be attending.

PLEASE NOTE: Not all competitions may have locations just yet, however the dates have been confirmed. With the exception of Rainbow National Dance Competition, all other competitions will be in the Portland Metropolitan area.

Rainbow N.D.C.	1/20-1/22	Highline Performing Arts Center 401 S. 152 nd St. Burien, WA 98148
Spotlight Dance Cup	2/10-2/12	TBD-Portland Metropolitan Area, OR
Celebrity Dance	3/24-3/26	Lake Oswego High Theatre 2501 Country Club Road Lake Oswego, Oregon 97034
Move Productions	4/21-4/23	TBD-Portland Metropolitan Area, OR
Act 1 Talent	4/28-4/30	TBD-Portland Metropolitan Area, OR

How will the team get to competitions?

It will be the responsibility of each team member to get themselves to and from competitions.

Will my child have to miss school?

Most competitions are on three-day weekends, so there is the possibility of your child having to miss school on a Friday. Just because a competition is scheduled to run on a Friday, though, does not mean that our team will end up scheduled on the Friday. That information is always released closer to the date of the competition once entries have been confirmed. Being a part of the Competitive Performing Group does mean committing to missing school if the group is scheduled to perform on a Friday.

When will we know the exact daily schedule for each competition?

Each competitive organization will email the daily schedule to Coach Joey, but usually not until much closer to the competition date. Coach Joey will inform the team by email as soon as he has the schedule.

Do we have to pay to get in to watch competitions?

Some events will charge entry to watch competitions, some will not. Coach Joey will inform parents by email which ones will and will not when that information is released.

Do I need to fill out any special waivers?

Some competitions require waivers to be filled out by parents and performers, mostly due to the use of photos and video usage for their marketing purposes. Coach Joey will email any necessary waiver to families as they are made available.

Do we need to be at each competition all day?

Families are welcome to enjoy going to the events the whole day to watch others perform, or you can show up to watch only our team's performance. All team members, though, will be a required to meet two hours before we take the stage, to warm up, practice tumbling passes, and go through the routine. Performers are encouraged to stay after the performance is complete for the judging and award ceremony, but are not required to.

Questions, Comments or Concerns?

Email Coach Joey at joey@childrengym.com.